

### Dear Camper Parent,

Thank you for choosing Swim&Gym! We are very pleased to confirm your child's registration and to share with you information that we hope will answer important questions you may have about your child's upcoming camp experience. If you have any questions, please contact us. We hope to make this a very positive experience for you and your child.

Please fill out all required forms and submit them to us electronically, if you cannot fill them out electronically please download them from our website and send them to Swim&Gym, at the address, below two weeks prior to the start of camp. You will find forms on our website under Registration at www.swimgymcamp.com

#### A. Before You Arrive at Swim&Gym

- 1. Receipt/Fees: Please review your enrollment carefully to confirm the accuracy of your child's name, address, etc., as well as your payment information. Please also verify the session and dates your child is registered for. Because we want to devote all of our time to making your child's stay with us the best, we ask that all camper fees be paid before arrival. Please pay in full two weeks prior to your start of camp.
- 2. Waiver and Release of Liability: Indemnification and Hold Harmless Agreement: Please complete and mail this form, signed by camper's parent/guardian. This form is required for all campers.
- 3. Health Form: The State of Wisconsin and the American Camp Association require each camper to submit a Health History Form. Please complete the enclosed health form and return it to us as soon as possible (no later than two weeks before the beginning of your child's session). Everyone must complete this form every year.
- 4. Medications: The State Board of Health and the American Camp Association require that all medication must come to camp in the original container and be clearly labeled with the correct name, drug, and dosage schedule. The camp will not give campers any medication that is improperly labeled or not prescribed for your child. Please send no more than what is needed for the day. Please bring all medications to check-in. Medications may not be kept with the camper, including non-prescription drugs (exceptions made for rescue inhalers [broncho-dilators such as Albuterol or Ventolin] and epi-pens).



- 5. Medical Treatment: Minor medical treatment will be provided by the camp staff. If your child becomes acutely ill, our staff will contact you using the phone numbers provided on your child's health form. If you suspect that your child has been exposed to a contagious illness (such as chicken pox or head lice) before coming to camp, or has had a fever within the 24 hours before camp, please call us to discuss rescheduling your child.
- 6. Insurance: Swim&Gym does not provide primary health and accident insurance for campers or staff.
- 7. Security: We cannot permit campers to leave camp without the proper supervision of our staff or with the custodial parent/guardian. We must have written, signed permission in advance if the camper is to be picked up by someone other than the custodial parent. All campers must sign out with the director if leaving at any time other than the scheduled end-of-day departure.
- 8. Cancellation/Refund Policy: The full amount paid will be refunded if a camper cannot be placed in the programs or dates of her/his choice. The balance of fees paid will be refunded if the camper does not attend camp due to illness or injury. In all other instances, no refund of camp fees will be given unless notice of cancellation is given in writing to Swim&Gym at least two weeks prior to the beginning of the camper's scheduled session. A prorated portion of the fee paid will be refunded if the camper is sent home due to illness or injury. Refund will not be made for a remaining period of two days or less. If a camper leaves camp early due to disciplinary reasons, or parent request, no refund will be given.

# B. Welcome: Monday Check-in

- 1. Arrival: Check-in at camp is from 8:00am to 8:30am on Monday. Staff will greet you in front of Badger Gymnastics, review all of your health history forms, introduce you to the counselors and directors and check all balances that may be due. Please bring medication to registration, as the Director will collect it then.
- 2. Spending Money: The children will not need any spending money. All field trips are paid for by the camp.



- 3. Swimming: Campers will be scheduled for a half an hour swim lesson four days out of the week.
- 4. Gymnastics: Badger Gymnastics will be teaching your children different gymnastic skills throughout the week. They will work on rhythm, coordination and strength.
- 5. Group Photograph: A photo is taken on Monday right after the campers arrive, and the prints are typically distributed during Friday pick-up. If for any reason you do not want your child in a group photo, please let us know at check in.

## C. While Your Camper is at Swim&Gym

- 1. Interactive Facebook Page: Throughout the summer, you may visit our Facebook page to view photos of camp activities and to read blogs of happenings at camp. In addition, you can check the website to look for answers to frequently-asked questions.
- 2. Removing Campers from Camp: The decision to dismiss a camper will be made by the Camp Director. Swim&Gym reserves the right to dismiss campers for the following reasons:
- 1) Violation of camp rules, including the use or possession of alcohol or other illegal drugs.
- 2) If a camper's sickness is contagious 3) Violent acts toward other campers, staff, or property, especially if a camper threatens the safety of himself or others.

### D. What to Wear to Camp

Wear casual, comfortable clothing and tennis shoes. Please no open toe shoes since we will be doing a lot of kicking and running. The children will need to wear socks since they will be learning gymnastics each day. It is helpful to mark all of your child's belongings. Swim&Gym assumes no responsibility for lost or left-behind items. Unclaimed lost and found items are kept at camp for one week, after which they are donated to a charity.



### E. What to Bring to Camp

The following is a suggested list of items to bring:

- 1. On cooler days, please bring an extra sweat shirt
- 2. Sunhat/cap, swim suit and towel, sunscreen, water bottle, medications if needed (in original containers)
- 3. Don't forget to pack a healthy lunch each day for your child

The following is a list of items that should not be brought:

- 1. Slingshots or other weapons
- 2. Portable video games / electronic toys
- 3. Radio, TV, iPad, etc
- 4. Personal music player (Walkman, iPod, etc)
- 5. Cell phone

Swim&Gym is not responsible for lost or damaged items if any of these are brought to camp.

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